

Find the facts

Solutions

Myth:

Leaving lights, computers and other appliances on uses less energy than turning them off and on again.

Fact:

There is a small surge of power that occurs when some appliances are turned on. This is a very small amount of energy compared to the amount used while the appliance is working. Always turn appliances off at the switch to save energy.

Myth:

When an appliance is in standby mode it stops using power.

Fact:

Many plug-in appliances continue to use power when they are in standby mode. Sometimes they use as much energy on standby as when they are working. To save energy, turn appliances off at the power point.

Myth:

There is nothing you can do to an old house to make it more energy efficient.

Fact:

There are many things you can do to any house to make it more energy efficient. Ideas include insulation, solar panels, solar hot water, blinds or shades, planting shrubs or trees, changing to energy-saving light globes or installing timers on lights.

Myth:

As an individual, there is nothing you can do to reduce your greenhouse gas emissions.

Fact:

You can reduce the amount of greenhouse gases you add to the air. You can turn off appliances when not in use, walk or ride a bicycle instead of getting a ride in a car, use the sun to dry clothes, buy locally produced goods and recycle.