



Wollondilly Family Day Care

Safety in the Kitchen

Overview of Activities

The children who attend play session at Wollondilly Family Day Care participated in a variety of activities in the weeks leading up to Energy Safety Week. The ages of the children ranged from 3-5 years.

- Discussion about safety in the kitchen using support materials provided by Origin
- A home corner was set up for children to gain practical experiences
- Child involvement in developing a kitchen safety checklist
- Creation of a picture story book of safety in the kitchen
- Cooking activity using the resources developed to guide safety

Discussion

- Using the support materials the children participated in a discussion on safety in the kitchen and using appliances safely
- The home corner stove was used to give a practical demonstration on how to use potholders and how pots should be placed safely on the stove



Practice, Practice, Practice

- Home corner was set up so the children could practice the skills they had learnt
- This enabled the children to explore the practicality of their ideas and if they actually worked
- Practicing skills allows children to reinforce learnt experiences



Safety Checklist

- The children put forward their ideas on how to be safe in the kitchen
- These ideas were then used to create a checklist that could be used to ensure safety in the kitchen

Action	Done
Always turn pot handles to point to the back of the stove	
Use oven mitts to handle hot things on the stove or in the oven	
Only adults should turn the stove on	
Keep electrical appliances away from water	
Never pour water on an electrical appliance	
Never leave anything on top of the stove	
Keep cords up out of reach	
Unplug appliances when you are not using them	
Always have an adult help to use electrical appliances	
Be careful of babies	
Don't run or play in the kitchen	
Wipe up spills straight away	

Story book

- Photos were taken based on the children's safety checklist
- These were then developed into a story book that the children can use to recall their experiences and reinforce their learning
- Sample pages from the book follow



Use an oven mitt to take hot things out of the oven

Story book (cont'd)



Turn all pot handles away from the edge of the stove



Always have an adult help when using electrical appliances

YUM!

- To celebrate Safety Week and tie together all the learning that had taken place the children made cupcakes
- The kitchen was checked using the safety checklist
- The story book was read to reinforce the safety messages
- The children guided the adults in the safe use of appliances in the kitchen



YUM!

